Cascade Bruin News

CASCADE HIGH SCHOOL NEWSLETTER

November 2023

VOLUME 7, ISSUE 3



From the Principal

Dear Cascade Families.

As Autumn begins in full, I want to recognize all of the hard and positive work that staff, students, and families that have contributed to a positive start to this school year. October is historically always a busy month, from Homecoming to events like the Puget Sound Festival of the Bands to various activities like College Application Day, High School and Beyond, and other student activities. Like everything, we could not have such successful events without the support and efforts of our remarkable student body, staff, and parent groups. We look forward to the continued partnership and positivity as we head into our Food Drive season soon.

That said, as we head into the later Fall and the holiday season, we recognize that these can be very stressful times for everyone but particularly students, and while we have supports here on campus, we want you to know that if you have concerns or are seeing things keeping your child from engaging positively in school, we would like find how we can best support. The very best way to get an immediate response is access call us at 425-385-6000 or connect with individual staff via the *Our Staff* link on our website. Other resources that could be helpful to you in supporting your student are access to **Gradebook**, **Home Access Center**, and **Canvas for Parents**.

Our primary goal as a community is engagement. While that certainly means engaging our students in their academic coursework and in the extracurricular activities that happen campus-wide, that also means the wider conversation about young people progressing in their readiness for their next steps, which supporting both the student and one another in those goals. Nowhere do we see that more acutely than the support I see from our parents and guardians. I was recently at

Michael Takayoshi Principal

Cascade High School 801 Casino Road, Everett, WA 98203

November 3
Full Day Schedule

November 10

No School – Veteran's Day

November 17

Full Day Schedule

November 22-

24

No School – Thanksgiving Break

an athletic contest this fall in which our team was losing for most of the contest and eventually lost in the end, but was struck by our fans and parents positive chatter from the stands, cheering on good play and words of encouragement. This also relates to work we are doing with our student leaders about what it means to be a good fan. Getting to witness our student athletes be supported throughout a cold, rainy PNW night, even in the face of a loss made me think about that that kind of support often allows us to not lose hope, which I think is such a key message.

Great school communities do not happen by accident, it takes all of us giving our best in support of our students in their growth, even more so when we have setbacks or obstacles. Thank you for all that you do for each and every Bruin, your impact is immeasurable.

Sincerely,

Michael Takayoshi

Principal, Cascade High School Mtakayoshi@everettsd.org

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62nd Annual Food



Donations ~ November 27 to December 13 Shopping Day ~ December 13 Delivery Day ~ December 14





We are looking for donations of:

Boxes ~ Wrapping Paper ~ Gift Cards ~ Cash

Non-Perishable Food ~ Gifts for Babies to 18 Years Old

Questions Contact Activities - 425-385-6014

Proceeds from this event will be donated to families within our community, VOA and other community organizations.

Funds collected are private monies and will be held in trust by the Everett Public School District

exclusive for the specified purpose.







Once again this holiday season, The Salvation Army Everett and Volunteers of America of Western Washington are partnering to provide Christmas Assistance to families in need. The Salvation Army will provide toys and gifts for children 17 and under, and the Volunteers of America will provide Christmas food baskets for each family. Applicants can choose to apply online or schedule an *in-person* enrollment interview at The Salvation Army Everett via the **web link** or **Phone Number** provided below. Distribution will be Wednesday & Thursday December 20th—21st, 2023 and information about pick up time and location will be provided once applications are approved.

*Things you MUST HAVE to complete the online or in-person application process:

- 1. Picture ID of adult applicant
- 2. Recent utility bill (within 90 last days) with current address WITH EVERETT ZIP CODE Eligible Everett zip codes are: 98201, 98203, 98204, 98206, 98207, 98208, 98213
- 3. Any 1 of the following for EACH child 17 and under in the household:
 Birth Certificate, Social Security Card, Medicaid or Insurance Card, Letter of Legal Guardianship, Report Card, Passport
- For in person applications, we do not need to take or keep copies of any of the above information, however, we will not be able to complete your application without it. Documents may be presented in person, digitally via web site, or as picture on your phone.

To apply, please go to https://saangeltree.org

- Scroll down and select "No" for "Do you have an invitation code"
- Enter your zip code in the box and select "Go"

If you live in Everett and receive an error message after submitting your zip code that states there are no services in your area, it is likely that we have reached our application limit. Please don't worry. Often times there are duplications in the system, and they will be cleared soon. If you would like to schedule a time to complete your application in person, please call **(425) 259-8129 ext 223** and leave a message and a staff member will get in touch with you as soon as possible to schedule an in-person application appointment. *Please note, if there are errors on your online application, staff may reach out to schedule an in person appointment in order to resolve the issue.

Eligible Everett zip codes are: 98201, 98203, 98204, 98206, 98207, 98208, 98213

• Begin the enrollment interview request process

Once you have completed the first page of the form, a pop-up will appear notifying you that a link specific to your application has been emailed to you to get back to your personal application should you happen to have internet trouble or need to finish completing the application at another time

For questions and assistance with your application, please call **(425) 259-8129 ext 223** and a staff member will get in touch with you as soon as possible.









www.everettsd.org



German News!

International Friendships were forged during the month of October! Fifteen students from the Wolkenberg Gymnasium in Michendorf, Germany (a small town south of Berlin) were hosted by families from both Cascade and Jackson High Schools. The German students attended classes with their hosts, visited the Boeing factory, enjoyed the Space Needle and MoPop, celebrated Halloween by wearing costumes and running through a corn maze, and they also had the chance to attend Jackson's Homecoming dance. The Cascade and Jackson students will travel to Germany in June to stay with these same students. They will also attend school and visit areas in and around Berlin. We are so grateful to all the host families who have made this exchange possible!









AP Testing:

AP Testing Registration <u>Final</u> Deadline: **November 10th**, **2023**. Please ensure you have registered for your test by November 10th, 2023.

- Most AP exams cost \$98.00.
- AP Capstone (AP Seminar or AP Research) exams cost \$146.
- Any student who qualifies for Free & Reduced Lunch is eligible for a fee waiver and will not
 have to pay for an AP exam. ***You must have a current application for Free & Reduced Lunch
 completed through Home Access.***

Contact your student's AP teacher or Krista Bjorge (<u>kbjorge@everettsd.org</u>), CHS AP Coordinator, for questions regarding AP exam registration.





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Cascade Athletics

Congratulations to our September athletes of the month!

Our female athlete of the month is volleyball Suleyka Uriostegui. She was nominated by her coach Nicole Arevalo. Suleyka is a 3-year varsity starter and 2-year captain. Here is what Coach Arevalo had to say about her: "Suleyka Uriostegui is a leader both on and off the volleyball court. As a setter, she has the most challenging and demanding role on the team, touching the ball every play, making quick decisions to run a successful offense, and communicating effectively with all of her teammates, coaches, and officials. Through her actions each season, she shows a true commitment to bettering herself FOR her teammates and doing what she can to support the program as a whole. On top of her leadership on the court, she has also demonstrated perseverance and determination in school by pushing herself academically, taking a total of 5 AP classes, despite having to overcome multiple obstacles throughout her life." We are very proud of you Suleyka!

Our male athlete of the month is cross country runner Christopher Medlock. He was nominated by his coach Steve Bertrand. In addition to his excellent efforts on the cross-country team, he also is a Cascade super fan and has attended almost every fall sports home game this season! Here is what Coach Bertrand had to say about him: "Chris has done an excellent job demonstrating support & school spirit in a number of involvements here at Cascade this school year. Also, his positive, cheerful dispositions have been a warm welcome to many new Bruins just starting out at Cascade High School. He has also shown leadership in our cross-country program. We are very proud of you Chris!

Winter sports are starting on Monday, November 13th! The following sports are offered in the winter:

- Boys Basketball
- Boys Wrestling
- Boys Swim
- Girls Gasketball
- Girls Wrestling
- Girls Bowling

Please make sure you have completed online registration in final forms, and you have turned in a current sports physical. If you're not sure if you are cleared, or you need help, see Rhonda Covert or Scott Stencil in the front office, or reach out by email (rcovert@everettsd.org)

For full winter schedules, visit www.wescoathletics.com



Class of 2024 Senior Timeline of Events!

2023-24 Yearbook Senior Due Dates!



*Senior Portraits are due before: November 3rd

*Senior Quotes are due before: November 10th

*Senior Grad Ads are due before: March 3rd

Yearbook website



November 2, 2023 at 6-8pm

Visit all the amazing programs that Sno-Isle Skills Center has to offer.

Please see Trish Roberts in the Career center for more information or email <u>troberts@everettsd.org</u>.

Visit: https://snoisletech.com/

Applications for the 24-25 school year will open at 4pm on November 2, 2023.





School counselors' caseloads (approx. 300 students) are assigned by student last names. **Note:** we recently changed our alpha breakdowns slightly, as listed below.

School counselors support students' overall well-being and school success through a variety of school-wide and individual services. We can also help connect you or your student with other resources and assistance.

Jason Himstedt: A-Cej Debbie Wade: Cek-Gut Anne Jensen: Guy-Li

• San Le: Lo-Nol

Elizabeth O'Brien: Noo-ShelPam Richards: Sher-Z

Cascade has an amazing team of Support Staff, too. Visit our website for details and contact information: https://www.everettsd.org/domain/2025

- 1. **Coming up:** 4-year college application deadlines start this month! We are busy helping seniors with their applications. If your student has any colleges that use the "Common App," please remind them to fill out a brag sheet survey in Naviance, which helps us with the counselor rec letter portion of the Secondary School Report.
- 2. **Did you know...** that 1st Quarter ends on November 3rd? The quarter is the half-way point of the semester, and means we've completed 25% of the school year. Only semester grades go on high school transcripts. 1st Semester ends on February 1st.
- 3. **This month** we continue our classroom visits with 9th and 10th grade classes, furthering students' work on their *High School and Beyond Plan*. Through tools in a software program called Naviance, your students are learning how to connect their personal interests to specific career fields and future options.
- 4. **Tip for teens**: High school is the perfect time for teenagers to practice being **self-advocates**. If your student has a question or problem, consider helping them write an email (from their email account) to a school staff, or encourage them to initiate a conversation. Cascade staff enjoy working with students, so we are the perfect population with whom to practice these kinds of self-advocacy skills before students are adults.





Website: https://www.everettsd.org/grades



☆ Get access to online grades ☆



"I check grades once a week, on Friday nights. My son knows that he needs to be passing everything in order to play video games over the weekend. This saves us from arguments because he loves gaming, so he wants to keep his grades up. This works great for us." —Cascade parent



Parent/Guardians:

Look for an email from LMS@everettsd.org with the subject "Welcome Parent / Guardian to Everett Public Schools." This email is the first step to set up your parent/guardian account and gives you access to Gradebook, Home Access Center and Canvas Parent to support your student.

If you did not get the automated email or cannot find it, using the email address you provided with the school, send an email to LMS@everettsd.org with the following information to request for password reset:

- your name
- student name(s)
- student ID# or student's date of birth

We will respond with your login/temporary password by





LMS parent/guardian accounts give access to:



This system allows parents and students to access basic demographic information, attendance, current year report cards (gr 6-12), transcripts (gr 7-12), discipline, view IEP plan, as well as view transportation information. Parents will also be able to access links within HAC to:

- Enroll a new student
- Complete the Annual Student Information Update Form

Secondary students will be able to Request next year's courses each Spring



Gradebook

This system allows parents & students to view information in real-time, such as current grades, assignments, and attendance.

Parents & students can set up weekly notifications in Gradebook to alert them for missing assignments or falling grades". * Preferences must be reset each semester as the notifications are tied to specific semester schedules.



Canvas Parent

This system is used by teachers to deliver course content, organize online resources, host online discussions. Parent accounts allow parents to login in as an observer to their student(s) within the platform. Parents will be able to view content, message teachers, help their student stay on track.

* Parents will also receive notifications from Canvas for Announcements, Assignments, Discussions, Calendar, etc.



The app allows parents to have all their online resources and communications in one hub. Parents can manage their district communications here. By default, parents will receive messages in the format of phone, email and text. Within the app, parents can set a preference*.

*Parents must have at least one method of communication; they cannot remove all modes.

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Needing Assistance?

- **Cascade Clothing Closet** is a space at Cascade HS that has clothes, shoes, toiletries, and some basic pantry food that all students have access to anytime. Please contact Stacy Robinson, Student Support Advocate at 425-385-6017 or SRobinson@everettsd.org to learn more.
- **Operation School Bell** is a philanthropic program of the Assistance League. This program provides clothing to student who demonstrate need. If your student needs clothes/shoes/toiletries, please contact Stacy Robinson, Student Support Advocate at 425-385-6017 or Debbie Mehaffey, Counseling & Discipline Secretary at 425-385-6010 for assistance.
- **Clothes for Kids** is a similar organization located in Lynnwood. Shopping at Clothes for Kids is by appointment only. Please contact Stacy Robinson, Student Support Advocate at 425-385-6017 or Debbie Mehaffey, Counseling & Discipline Secretary at 425-385-6010 for assistance.
- **Angel Tree:** Applications for Christmas meal and gift support through the Salvation Army are now open. Link for eligibility and to apply: **Angel Tree (saangeltree.org)** Contact Stacy Robinson, Student Support Advocate, with questions at 425-385-6017 or SRobinson@everettsd.org.
- **Thanksgiving Meal Basket, Maverick Cares:** If you'd like a food basket for thanksgiving, sign up for a spot ASAP, spots fill up fast! There are multiple locations and times you can reserve an appointment for. <u>Maverick Cares Harvest Holiday</u>
- **Toys for Tots:** It may say 'tots', but they have gifts for all ages. Here's the link to see if you qualify and to apply- <u>Home Toys for Tots</u>

Carnegie Resource Center:

- **Free Lifeline Phones/tablets**. Assurance Wireless/Excess Telecom representatives are onsite at the CRC (3001 Oakes Ave) Monday, Tuesdays & Fridays from 9am-3pm. This is on a first-come, first-service basis.
- **The Eyeglass Voucher Program** is available to all low-income individuals Mon-Fri 9am-4pm. A copy of a current prescription from a recent eye exam (within 24 months), is required. Informational fliers about the events are included. For more information, please call the Carnegie Resource Center at 425-434-4680 or carnegieinfo@p-h-s.com



Counseling Department & Admin Information

Counselors:

Jason Himstedt	A - Cej	jhimstedt@everettsd.org	385-6024
Debbie Wade	Cek - Gut	dwade@everettsd.org	385-6021
Anne Jensen	Guy – Li	ajensen@everettsd.org	385-6023
San Le	Lo - Nol	sle@everettsd.org	385-6022
Elisabeth O'Brien	Noo – Shel	eobrien@everettsd.org	385-6139
Pam Richards	Sher - Z	prichards@everettsd.org	385-6025

Support Staff:

Tanys Aris	Success Coordinator - OTG	taris@everettsd.org	385-6027
Daniel Blackman	Academic Support Paraeducator	dblackman@everettsd.org	385-6049
Phil Brandstetter	Admin Support Paraeducator	pbrandstetter@everettsd.org	385-6135
Kaeli Campbell	Success Coordinator – ML	kcampbell@everettsd.org	385-6193
Kalie Graham	Success Coordinator – ML	kgraham@everettsd.org	385-6193
Jennifer Himstedt	Behavior Interventionist	jhimstedt2@everettsd.org	385-6012
Jana Kosiba	Facilities/Field Trip/Couns. Support Secretary	jkosiba@everettsd.org	385-6093
Joy MacDonald	Sped Paraeducator	imacdonald@everettsd.org	385-6067
Debbie Mehaffey	Counseling & Discipline Secretary	dmehaffey@everettsd.org	385-6010
Denise Redford	Intervention Specialist	dredford@everettsd.org	385-6013
Trish Roberts	College & Career Specialist Paraeducator	troberts@everettsd.org	385-6030
Stacy Robinson	Student Support Advocate	srobinson@everettsd.org	385-6017
TBD	Admin Support Paraeducator		385-6150

Psychologist:

Kaitlin Kalkwarf	A-H	kkalkwarf@everettsd.org	385-6037
Ellen Winningham	I-Z	ewinningham@everettsd.org	385-6009

Administrators:

Michael Takayoshi	Principal		mtakayoshi@everettsd.org	385-6090
Kate Vafaeezadeh	Asst. Princ.	A - G	kvafaeezadeh@everettsd.org	385-6091
Katherine Mayan	Asst. Princ.	H - O	kmayan@everettsd.org	385-6092
Krista Bjorge	Asst. Princ.	P - Z	kbjorge@everettsd.org	385-6016

CHS Counseling Website



Attendance Reporting

- Parents/Guardians have 30 days to report their student's absence by e-mail or written note.
- Please be sure to provide:
 - the student's name
 - o the student's ID number
 - o the reason for the absence
 - o your name
 - o attach a doctor's note if applicable

Attendance Email: CHSAttendance@everettsd.org

Attendance Line: 425-385-6004

If you leave a voicemail, please provide a **Written note** or email within <u>30 days</u> of your student's first day back to school.

email regarding student absences to the following dedicated email account: CHSAttendance@everettsd.org

The following excuses are considered valid and acceptable per the Everett School District Attendance Policy:

- <u>Illness</u>
- Appointment
- <u>Funeral</u>
- <u>Emergency</u>
- Religious Observance

Please note that running late, car trouble, missing the bus or oversleeping are considered unexcused absences

<u>Pre-Arranged Absence Form</u> This form is not mandatory. It is for teacher/student benefit. In order for an absence to be excused the attendance office must receive an <u>e-mail</u> with dates and reason for absence.

CASCADE BRUINS





Welcome Cascade Bruins To Bruin Community Parents

Cascade High School Parent Teacher Organization

Bruin Community Parents is Cascade High Schools Parent Teacher Organization and invites you to join us now for the 2023-2024 academic year. Membership dues and fundraising events help to support extracurricular activities at Cascade and build a community of connected families. We invite all incoming and current parents to our in-person meetings on the second Wednesday of every month at 6:30 pm in the Cascade Library where you will learn about the exciting plans and news for the upcoming month.

Step 1 Choose Membership Type
Family Membership \$25
Individual Membership \$20
Step 2 fill out Google form

Googledoc Form



Step 3 Payment Options





Cash or Check

Mail or Drop off at Cascade High
School
Checks Payable to
Bruin Community Parents
Memo Line: Membership



Native American Indian and Alaska Native Heritage Month

November is Native American Indian and Alaska Native Heritage Month. What started at the turn of the century as an effort to gain a day of recognition for the significant contributions the first Americans made to the establishment and growth of the U.S., has resulted in a whole month being designated for that purpose.



Daylight Saving Time Ends



November 5, 2023, Daylight Savings Time Ends and we "fall back" one hour.

Remember to vote Nov. 7

Remember to deliver your ballot to a ballot drop box near you or put it in the mail by Nov. 7. Postage is not required for ballots.



November Holidays - schools closed

This is a friendly reminder there is no school on November 10 for Veterans Day and for Thanksgiving break, which is November 22 - 24.

School performance report

Each school's performance report is available online on our school's website. More information is available on the Office of Superintendent of Public Instruction website. At the bottom under data and research, click on "School Report Card" and select Everett from the list of districts.



Harvest of the Month

This month, the Food and Nutrition department brings you squash grown in the PNW! Be sure to give them a try this month in our roasted squash or pumpkin custard!

Did you know there are two groups of squash, winter and summer? Find out more by checking out the Harvest of the Month flyer on the district website.

May the gourd be with you!



Is my child too sick for school?

Is my child too sick to go to school? It is no fun being sick, but we also care about protecting students and their families from contagious diseases, so we ask you keep your student home when they are sick.

Keeping ill students at home and encouraging frequent hand washing protects us all. While we regret any inconvenience this may cause, following these guidelines will result in fewer absences and less illnesses overall.

Please visit the <u>district's website</u> to learn more. If you still have questions about whether your student is healthy enough to come to school, contact the school nurse or your child's health care provider.



Is my child too sick to go to school?

Because we care about protecting students and their families from contagious diseases, we ask that you keep your student home when they are sick. Keeping ill students at home and encouraging frequent hand washing protects all.



While we regret any inconvenience this may cause, following these guidelines will result in fewer absences and less illnesses overall.





Receive information the way you prefer

This is a friendly reminder that parents and guardians can select their preferred method of communication so they will not get the same message in multiple formats unless they choose to. Below are some steps to take:

- Download the district's mobile app. One of the many features is to select your delivery preferences. Once you have signed into your account, click on your profile tile and then "Edit Delivery Preferences" at the top.
 - Click on the icon for app, text, phone or email to turn off that mode.
 Green indicates the mode is turned on. Some modes are locked, as indicated with the lock in the upper corner of the icon.
- Keep your contact information current by updating the "Annual Student Update
 Form 2023-2024" in Home Access Center or by letting your school office know
 anytime there is a change.
- Please visit the communications department webpage for a list of timely and relevant information to strengthen connections among families, staff and community.

Play and Learn



Play and Learn is a free program for children from birth thru age five and their parents or caregivers to have fun playing together, creating art, listening to stories and singing songs! Sessions are held five days a week from 10:30 a.m. to noon at four locations.

Click to learn more and see calendar.

There is still time to enroll your preschooler!

There is space available in our Early Childhood Education & Assistance Program (ECEAP)! This incredible program is for 3- and 4-year-old children from families with limited income and are enrolled in our schools. Learn more at www.everettsd.org/ECEAP.





Is your family prepared?



<u>Snohomish County Emergency Management</u> has helpful online resources to help you create and practice emergency response plans with your family and neighborhood in preparation for bad weather.

Important FAFSA/WASFA changes



Big changes are coming to financial aid applications this year! The 2024-25 FAFSA (Free Application for Federal Student Aid) will not be available until December 2023. The WASFA (Washington Application for State Financial Aid) will also be delayed until the FAFSA opens.

Applications usually open October 1 of a student's senior year, so this is a major shift in the college planning process. The good news is that this delay is due to positive changes. The FAFSA form will be shorter and less complex, more students will be eligible for federal Pell Grants, and the average

Pell award will be larger. Stay tuned for more information and find resources from the Washington Student Achievement Council.

Online safety tips

- Keep the computer in a busy area of your home.
- Use an app to keep an eye on your child's online activity on their device.
- Talking about cyberbullying; ask if someone they know has been a victim. Ask if they have been victimized.
- Set up email and social media accounts with your children. Know their screen names and passwords and explain the reasons for not including any personal information in profiles.

Know who is in the "buddy lists." Get to know the cyberfriends just as you do those who visit your home. Parents and guardians may find the following resources helpful to begin a conversation about the dangers of engaging in cyberbullying and how to stay safe online:

- Stop Bullying Now
- Ms. Parry's Guide to Correct Online Etiquette
- Common Sense Media

Find out what Everett Public Schools students learn about digital citizenship on the district website.



Veterans Day free concert

The United States Army Field Band is performing a free concert at the Everett Civic Auditorium on November 11 at 7 p.m. Doors will open at 6:30 p.m. The maximum number of free tickets per transaction is four.

Please visit GoFan to get your tickets today or scan the QR code.





Modest Free Market



Modest Family Solutions is an organization that is working to create a more just and equitable food system. They provide produce to families and communities in need across western Washington sourcing product from local growers, with an emphasis on supporting and building a BIPOC food value chain.

Emerson Elementary School 8720 7th Ave SE Everett, WA 98208

Produce available the 1st and 3rd Saturday of every month from 9 to 11 a.m. Cultural, home-grown, fresh foods. Stay in your car and pick up in the drive thru loop or come to the walk-up area.

Have a safety concern related to schools? Report it!

You can call, text or email your concern.

If there is reason for concern about safety on a designated walkway to school, call 9-1-1 immediately for authorized, quick help. We have strong partnerships with local law enforcement who share our interest in safe schools and neighborhoods.

Student safety is a priority for all of us. Working together, we can help make our neighborhoods and schools nurturing places for students to safely learn and grow.







https://everett-wa.safeschoolsalert.com





News around the district

Like knowing what's happening in the district? Follow us on social media! Visit our <u>social media directory</u> for a list of schools, club or teacher accounts.

Want eflyers of student and family opportunities? Go to <u>Peachjar</u> and register a free account to receive eflyers emailed directly to you! And don't forget to check out the <u>district's news</u> releases.



Traducciones by Google translate

Mes de la Herencia de los Indios Nativos Americanos y de Alaska

Mes de la Herencia de los Indios Nativos Americanos y de Alaska Noviembre es el Mes de la Herencia de los Indios Nativos Americanos y de Alaska. Lo que comenzó a principios de siglo como un esfuerzo por lograr un día de reconocimiento a las importantes contribuciones que los primeros estadounidenses hicieron al establecimiento y crecimiento de los Estados Unidos, ha resultado en la designación de un mes entero para ese propósito.



Finaliza el horario de verano



5 de noviembre de 2023, finaliza el horario de verano y "retrocedemos" una hora.





Recuerde entregar su boleta en un buzón de votación cercano a usted o enviarla por correo antes del 7 de noviembre. No se requiere envío postal para las boletas.

Vacaciones de noviembre - escuelas cerradas

Este es un recordatorio amistoso de que no habrá clases el 10 de noviembre por el Día de los Veteranos y durante las vacaciones de Acción de Gracias, que son del 22 al 24 de noviembre.



Informe de rendimiento escolar

El informe de desempeño de cada escuela está disponible en línea en el sitio web de nuestra escuela. Más información está disponible en el sitio web de la <u>Oficina del Superintendente de Instrucción Pública</u>. En la parte inferior, debajo de datos e investigación, haga clic en "Boleta de calificaciones escolares" y seleccione Everett de la lista de distritos.

Cosecha del mes

¡Este mes, el departamento de Alimentación y Nutrición le ofrece calabazas cultivadas en el PNW! ¡Asegúrate de probarlos este mes en nuestra calabaza asada o natillas de calabaza!

¿Sabías que hay dos grupos de calabazas, las de invierno y las de verano? Obtenga más información consultando el folleto de la Cosecha del Mes en el sitio web del distrito.



¡Que la calabaza te acompañe!

¿Está mi hijo demasiado enfermo para ir a la escuela?

¿Está mi hijo demasiado enfermo para ir a la escuela? No es divertido estar enfermo, pero también nos preocupamos por proteger a los estudiantes y sus familias de enfermedades contagiosas, por lo que le pedimos que mantenga a su estudiante en casa cuando esté enfermo.

Mantener a los estudiantes enfermos en casa y fomentar el lavado frecuente de manos nos protege a todos. Si bien lamentamos cualquier inconveniente que esto pueda causar, seguir estas pautas resultará en menos ausencias y menos enfermedades en general.

Visite el sitio <u>web del distrito</u> para obtener más información. Si todavía tiene preguntas sobre si su estudiante está lo suficientemente



sano como para venir a la escuela, comuníquese con la enfermera de la escuela o el proveedor de atención médica de su hijo.



Delivery Preferences

GET NOTIFIED ABOUT:

Emergency

Attendance

Balance

Other

Reach

Recibe información como prefieras

Este es un recordatorio amistoso de que los padres y tutores pueden seleccionar su método de comunicación preferido para no recibir el mismo mensaje en múltiples formatos a menos que así lo deseen. A continuación se detallan algunos pasos a seguir:

- Descargue la aplicación móvil del distrito. Una de las muchas funciones es seleccionar sus preferencias de entrega. Una vez que haya iniciado sesión en su cuenta, haga clic en el mosaico de su perfil y luego en "Editar preferencias de entrega" en la parte superior.
 - Haga clic en el ícono de la aplicación, mensaje de texto, teléfono o
 correo electrónico para desactivar ese modo. El verde indica que el modo
 está activado. Algunos modos están bloqueados, como se indica con el candado en la esquina superior del icono.
- Mantenga su información de contacto actualizada actualizando el "Formulario de actualización anual para estudiantes 2023-2024" en Home Access Center o informando a la oficina de su escuela cada vez que haya un cambio.
- Visite la página web del departamento de comunicaciones para obtener una lista de información oportuna y relevante para fortalecer las conexiones entre las familias, el personal y la comunidad.

Juega y aprende

Play and Learn es un programa gratuito para que los niños desde el nacimiento hasta los cinco años y sus padres o cuidadores se diviertan jugando juntos, creando arte, escuchando cuentos y cantando canciones. Las sesiones se llevan a cabo cinco días a la semana de 10:30 a. m. al mediodía en cuatro ubicaciones.



Haga clic para obtener más información y ver el calendario.

¡Aún hay tiempo para inscribir a su niño en edad preescolar!

iAún hay espacio disponible en nuestro Programa de Asistencia y Educación para la Primera Infancia (ECEAP)! Este increíble programa es para niños de 3 y 4 años de familias con ingresos limitados y que están matriculados en nuestras escuelas. Obtenga más información en www.everettsd.org/ECEAP.





¿Está tu familia preparada?



<u>El Manejo de Emergencias del Condado de Snohomish</u> tiene recursos útiles en línea para ayudarlo a crear y practicar planes de respuesta a emergencias con su familia y su vecindario en preparación para el mal tiempo.

Cambios importantes en FAFSA/WASFA

iEste año se avecinan grandes cambios en las solicitudes de ayuda financiera! La FAFSA (Solicitud gratuita de ayuda federal para estudiantes) 2024-25 no estará disponible hasta diciembre de 2023. La WASFA (Solicitud de ayuda financiera estatal de Washington) también se retrasará hasta que se abra la FAFSA.



Las solicitudes generalmente se abren el 1 de octubre del último año del estudiante, por lo que este es un cambio importante en el proceso de planificación universitaria. La buena noticia es que este retraso se debe a cambios positivos. El formulario FAFSA será más corto y menos complejo, más estudiantes serán elegibles para las Becas Pell federales y la beca Pell promedio será mayor. Estén atentos para obtener más información y encontrar <u>recursos</u> del Washington Student Achievement Council.

Consejos de seguridad en línea

- Mantenga la computadora en un área transitada de su casa.
- Utilice una aplicación para controlar la actividad en línea de su hijo en su dispositivo.
- Hablar sobre ciberbullying; Pregunte si alguien que conocen ha sido víctima. Pregúnteles si han sido víctimas.
- Configure cuentas de correo electrónico y redes sociales con sus hijos. Conozca sus nombres de usuario y contraseñas y
 explique los motivos para no incluir ninguna información personal en los perfiles.

Sepa quién está en las "listas de amigos". Conozca a los ciberamigos tal como conoce a los que visitan su casa. Los padres y tutores pueden encontrar útiles los siguientes recursos para iniciar una conversación sobre los peligros de participar en ciberacoso y cómo mantenerse seguros en línea:

- Dejemos de intimidar ahora
- Guía de la Sra. Parry para corregir la etiqueta en línea
- Medios de comunicación con sentido común

Descubra lo que los estudiantes de las Escuelas Públicas de Everett aprenden sobre ciudadanía digital en el sitio web del distrito.



Concierto gratuito del Día de los Veteranos

La Banda de Campo del Ejército de los Estados Unidos ofrecerá un concierto gratuito en el Auditorio Cívico de Everett el 11 de noviembre a las 7 p.m. Las puertas se abrirán a las 18.30 horas. El número máximo de entradas gratuitas por transacción es cuatro.

Visite GoFan para obtener sus boletos hoy o escanea el código qr.





Modesto mercado libre



Modest Family Solutions es una organización que trabaja para crear un onstru alimentario más justo y equitativo. Proporcionan productos a familias y comunidades necesitadas en todo el oeste de Washington obteniendo productos de productores locales, con énfasis en apoyar y onstruer una cadena de valor de alimentos BIPOC.

Escuela Primaria Emerson 8720 7th Ave SE Everett, WA 98208

Productos disponibles el 1er y 3er sábado de cada mes de 9 a 11 a.m. Alimentos frescos, culturales y de cosecha propia. Quédese en su automóvil y recoja el vehículo en el circuito de acceso directo o acérquese al área de acceso sin cita previa.

¿Tiene alguna preocupación de seguridad relacionada con las escuelas? ¡Reportalo!

Puede llamar, enviar un mensaje de texto o enviar un correo electrónico con su inquietud.

Si hay motivos de preocupación sobre la seguridad en un camino designado hacia la escuela, llame al 9-1-1 de inmediato para obtener ayuda rápida y autorizada. Tenemos asociaciones sólidas con las autoridades locales que comparten nuestro interés en escuelas y vecindarios seguros.



La seguridad de los estudiantes es una prioridad para todos nosotros. Trabajando juntos, podemos ayudar a que nuestros vecindarios y escuelas sean lugares propicios para que los estudiantes aprendan y crezcan de manera segura.



Noticias alrededor del distrito.

¿Te gusta saber qué está pasando en el distrito? ¡Síguenos en las redes sociales! Visite nuestro directorio de redes sociales para obtener una lista de escuelas, clubes o cuentas de maestros.

¿Quiere folletos electrónicos sobre oportunidades para estudiantes y familias? ¡Vaya a <u>Peachjar</u> y registre una cuenta gratuita para recibir eflyers enviados directamente por correo electrónico! Y no olvide consultar <u>los comunicados de prensa del distrito</u>.





3900 Broadway Everett, WA 98201 425-385-4000 www.everettsd.org Everett Public Schools does not discriminate in any programs or activities on the basis of sex, race, creed, religion, color, national origin, age, veteran or military status, sexual orientation, gender expression or identity, disability, or the use of a trained dog guide or service animal and provides equal access to the Boy Scouts and other designated youth groups. The following employees have been designated to handle questions and complaints of alleged discrimination:

Title IX/Civil Rights Compliance Officer and ADA Coordinator:

Chad Golden 425-385-4100 CGolden@everettsd.org PO Box 2098 Everett, WA 98213 **Section 504 Coordinator:**

Dave Peters 425-385-4063 DPeters@everettsd.org PO Box 2098 Everett, WA 98213



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